

Modified Quarantine Expectations

OVERVIEW & PURPOSE

Modified quarantine is a way for you to continue in-person school while minimizing the risk of infecting other students or staff persons with COVID. You are in modified quarantine because you have been identified as having an increased risk of contracting COVID due to exposure to another positive case.

EXPECTATIONS AT SCHOOL

1. Wear a mask at all times when indoors, except when eating or drinking.
2. Participate in a rapid COVID test to ensure negative COVID status each morning.
 - a. The test takes 15 minutes to read, plus additional time to prepare and collect the sample. You will need to be at school by 7:40 each morning in order to make it to class on time without incurring a tardy.
3. Stay 6 feet away from everyone else at all times.
4. You may not ride district transportation to school or to extra-curricular activities. Please provide your own transportation, but also remember it should not be with any student outside of your household.
5. Depending on the activities you are involved in, you may be able to continue in full extra-curricular participation. However the restrictions listed above (masking indoors and keeping 6 feet away) are in effect for activities, as well.

EXPECTATIONS AT HOME

1. Outside of school, you are considered in home quarantine. Home quarantine means that you stay home - no friends' houses, no trips to the store, etc.
2. If you do need to go out in public, you must wear a mask.

DURATION

1. Your modified quarantine lasts for seven full days following the last known exposure to a positive case. You can return to regular participation in school on the 8th day following last contact, provided you remain asymptomatic and continue to test negative for COVID.